

## DIETARY RECOMMENDATIONS

PRODUCT CODE	DESCRIPTION	LOW FAT	LOW SATURATED FAT	LOW CHOLESTEROL	LOW SODIUM	HEART HEALTHY	DIABETIC FRIENDLY	RENAL FRIENDLY	GLUTEN FREE	VEGETARIAN	PUREED
BF66121	Creamy Chicken & Wild Rice	X	X	X	X	X	X	X	X		
BF60122	Sweet & Sour Meatballs			X			X				
BF66124	Garden Vegetable Cheese Ravioli	X	X	X	X	X	X	X		X	
BF66125	Meatloaf with Mushroom Sauce			X	X		X	X			
BF60128	Sole Wrapped Seafood Stuffing			X	X		X	X			
BF66129	Pineapple Teriyaki Chicken	X	X	X	X	X	X	X			
BF66231	Chicken Piccata	X	X	X	X	X	X				
BF66232	Beef Goulash	X	X	X	X	X	X	X			
BF66234	Pasta Primavera	X	X	X	X	X	X	X		X	
BF60235	Sliced Turkey with Herbed Gravy	X	X	X			X				
BF66237	Chicken & Scalloped Potatoes	X	X	X	X	X	X		X		
BF66238	Pork Fried Rice	X	X	X	X	X	X		X		
BF66341	Chicken with Red Wine & Herb Sauce	X	X	X	X	X	X				
BF66342	Turkey & Rice with Cheese Sauce	X	X	X	X	X	X	X	X		
BF66343	Cheese & Beef Macaroni	X	X	X	X	X	X				
BF66345	Chicken Florentine	X	X	X	X	X	X	X	X		
BF66346	Beef & Cabbage Rolls	X	X	X	X	X	X		X		
BF66347	Fish Newburg	X	X	X	X	X	X		X		
BF66451	Salisbury Steak with Onion Gravy			X	X		X	X			
BF66452	Chicken Pot Pie	X	X	X	X	X	X	X			
BF66453	Pasta Shells with Italian Turkey Sausage	X	X	X	X	X	X				
BF66454	Orange Glazed Chicken	X	X	X	X	X	X	X	X		
BF66455	Shells & Cheese	X	X	X	X	X	X			X	
BF60457	Meatballs with Stout & Mustard Thyme Sauce			X			X				
BF66882	BBQ Pork	X	X	X	X	X	X		X		
BF66883	Pork with Apple & Onion Sauce	X	X	X	X	X	X		X		
BF51304	Ham & Pineapple	X	X	X					X		
BF51602	Baked Beans & Hot Dogs			X			X				
BF60561	Colby Cheese Omelet						X				
BF60562	French Toast		X				X				
BF60563	Turkey Ham, Egg & Cheese Sandwich						X				
BF60568	Waffles		X	X			X				
BF60991	Moroccan Vegetable Stew	X	X	X	X	X	X	X	X	X	
BF60992	Vegetable Pot Pie			X	X		X	X		X	

